

TYPE 2 DIABETES IN NEW JERSEY

Addressing the devastating impact of type 2 diabetes in New Jersey

Type 2 Diabetes in New Jersey

- ❖ **700,000** New Jerseyans are currently living with diabetes.
- ❖ New Jersey ranks **3rd in the nation** for obesity among low-income children ages two to five, 16.6% of whom are obese.
- ❖ New Jersey faces challenges in both **prevention** of type 2 diabetes and **treatment and management** of the disease.

Diabetes Prevention

- ❖ Type 2 diabetes is closely linked with obesity. New Jersey must address obesity not only to prevent the incidence of type 2 diabetes and other chronic diseases, but also to mitigate the consequences of type 2 diabetes once individuals are diagnosed with the disease.
- ❖ **61.5%** of New Jersey adults (~5.5 million people) were overweight or obese as of 2011. Almost **50%** of those overweight or obese adults (~2.75 million people) had pre-diabetes. Approximately **25%** of Americans with pre-diabetes are expected to develop diabetes within three to five years of diagnosis (~700,000 people).

Diabetes Management

- ❖ Type 2 diabetes is difficult to manage effectively, and mismanaged diabetes can lead to particularly **debilitating physical effects**: damaged blood vessels, heart attacks, strokes, blindness, liver disease, certain kinds of cancer, kidney failure, bone fractures, and amputations.
- ❖ Effective management can prevent these devastating complications.

The Costs of Type 2 Diabetes

- ❖ New Jersey must act quickly to prevent a **doubling** of diabetes in New Jersey. Diabetes not only affects the health and daily lives of New Jerseyans but costs the state more money as each year passes.
- ❖ In 2010, the total annual diabetes cost for New Jersey was **\$9.3 billion dollars**, of which \$6.6 billion dollars were for medical costs and \$2.7 billion for nonmedical costs.
- ❖ By 2025, the number of people affected by diabetes in New Jersey is projected to double, and its cost to the state is projected to reach \$14.5 billion, including lost productivity. **New Jersey cannot afford to let these trends continue.**

FOR MORE INFORMATION, CONTACT:

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